

Do you need help to maintain your independence?



The Adult Services unit within the local department of social services offers services that help adults with disabilities remain in their own homes and maintain independence when possible. One program that helps with these efforts is the In-Home Aide Services program.

In-Home Aides Services

In-Home Aides

In-Home Aides serve adults 18 or older with functional disabilities who need assistance with activities of daily living in their home, vulnerable adults with no caregiver, those at risk of institutional placement, and those at risk of abuse or neglect. In-Home Aides provide help with personal care, transportation/escort, training in self-care and care-giving skills, and also perform minor household chores.

Application Process

Individuals or their caregivers should call the local department of social services in the county or city where the applicant lives. The local department representative will arrange a home visit to conduct an interview with the applicant to determine their specific needs. The availability of funding for the program determines the number of individuals who can be served state-wide. To ensure that those with the greatest need are served first, local departments use a ranking scale.

Sliding Scale Fee

Depending on the income and family size of the applicant, the applicant may be required to contribute toward the hourly cost of the aide service. The amount is determined by a sliding-scale and the fee is paid to the local department of social services.



For additional information, contact your local department of social service at 1-800-332-6347 or visit our website at <http://dhr.maryland.gov/in-home-services>.